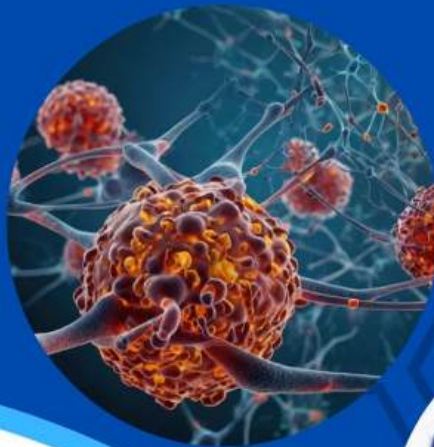


# Recent Trends in Diabetes and Cancer Research and its Management



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Dr. Soma Rani Kolay  
Dr. Ajai Kumar Pandey  
Dr. Sanjeev Kumar  
Dr. Pragati Saxena  
Dr. Arti Kumari  
Dr. Kumari Shachi



# Recent Trends in Diabetes and Cancer Research and its Management



**First Volume**

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**Title of the Book:** Recent Trends in Diabetes and Cancer Research and its Management

**First Volume - 2024**

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**E-ISBN: 978-1-68576-521-7**

**MRP Rs. 610/-**

#### **Publisher, Printed at & Distribution by:**

Selfypage Developers Pvt Ltd.,  
Pushpagiri Complex,  
Beside SBI Housing Board,  
K.M. Road Chikkamagaluru, Karnataka.  
Tel.: +91-8861518868  
E-mail: info@iipbooks.com

**IMPRINT: I I P Iterative International Publishers**

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# Foreword

It is with great pleasure and anticipation that I introduce this remarkable volume, "Recent Trends in Diabetes and Cancer Research and Its Management." As we stand at the intersection of scientific progress and medical innovation, this book serves as a beacon guiding us through the latest developments in the dynamic fields of diabetes and cancer research.

Diabetes and cancer, both formidable health challenges on their own, have garnered unprecedented attention from the scientific community in recent years. The relentless pursuit of understanding their underlying mechanisms, deciphering intricate molecular pathways, and developing innovative therapeutic strategies has yielded transformative insights. This book encapsulates the collective wisdom of experts in the field, offering a comprehensive exploration of the contemporary landscape of diabetes and cancer research.

In the realm of diabetes, the relentless efforts to unravel the complex interplay of genetic, environmental, and lifestyle factors have provided a foundation for novel diagnostic approaches and targeted interventions. The chapters within this volume delve into the nuanced facets of diabetes, from the exploration of biomarkers to the advent of precision medicine, providing readers with a comprehensive overview of the evolving landscape in diabetes research and management.

Simultaneously, the field of cancer research has witnessed unprecedented breakthroughs, ushering in an era of personalized medicine and innovative treatment modalities. Genomic profiling, immunotherapy, and targeted therapies have transformed the oncology landscape, offering new hope to patients and reshaping our approach to cancer care. This book offers a panoramic view of these advancements, allowing readers to grasp the intricacies of cancer research in the context of rapidly evolving therapeutic paradigms.

What makes this volume particularly compelling is its exploration of the intriguing intersections between diabetes and cancer. The shared risk factors and intricate biological crosstalk between these two diseases underscore the importance of a holistic understanding. By providing a platform for the discussion of these synergies, this book paves the way for interdisciplinary collaborations and opens new avenues for integrated approaches to disease prevention and management.

As we navigate the pages of this book, authored by experts at the forefront of their respective fields, we are invited to witness the unfolding narrative of scientific discovery. The editors and contributors have meticulously curated a collection that not only informs but also inspires further exploration and dialogue. This book will undoubtedly serve as a valuable resource for researchers, clinicians, and students seeking to grasp the pulse of contemporary diabetes and cancer research.

In closing, I extend my gratitude to the contributors for their dedication to advancing medical knowledge and improving patient outcomes. It is my sincere hope that this volume sparks new ideas, fosters collaboration, and contributes to the ongoing quest for solutions to the complex challenges posed by diabetes and cancer.

*Dr. Soma Rani Kolay*

*Dr. Ajai Kumar Pandey*

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# Preface

In the ever-evolving landscape of medical research, the fields of diabetes and cancer have been at the forefront of scientific inquiry and innovation. Recent years have witnessed remarkable advancements in our understanding of the molecular mechanisms, diagnostic tools, and therapeutic interventions associated with these two complex and pervasive diseases. This book aims to provide a comprehensive overview of the latest trends in diabetes and cancer research, focusing not only on their individual intricacies but also on the emerging intersections between these seemingly distinct domains.

Diabetes, characterized by abnormal blood glucose levels, continues to pose a significant global health challenge. With the prevalence of diabetes on the rise, researchers have delved into unraveling the intricate genetic, environmental, and lifestyle factors that contribute to its onset and progression. The exploration of novel biomarkers, advanced imaging technologies, and personalized treatment approaches has marked a paradigm shift in diabetes management. This book delves into these breakthroughs, offering insights into the cutting-edge research that holds promise for more effective prevention and treatment strategies.

Concurrently, the realm of cancer research has undergone a revolutionary transformation. From elucidating the molecular basis of oncogenesis to the development of targeted therapies and immunotherapies, the scientific community has made remarkable strides in understanding and combatting cancer. The exploration of precision medicine, genomics, and immunogenetics has opened new avenues for tailoring cancer treatments to individual patients, ushering in an era of personalized oncology. This book sheds light on these revolutionary developments, offering a glimpse into the future of cancer care.

Moreover, recent research has unveiled intriguing connections between diabetes and cancer. Shared risk factors, overlapping signaling pathways, and the impact of one disease on the progression of the other have become areas of intense investigation. Understanding the intricate interplay between diabetes and cancer not only deepens our comprehension of these diseases individually but also paves the way for integrated therapeutic strategies.

As we embark on this journey through the latest trends in diabetes and cancer research and its management, it is essential to acknowledge the collaborative efforts of researchers, clinicians, and healthcare professionals worldwide. Their dedication to pushing the boundaries of knowledge and

translating discoveries into clinical practice is instrumental in advancing the field of medical science.

In compiling this book, our goal is to provide a comprehensive resource for researchers, healthcare professionals, and students interested in gaining a deeper understanding of the current landscape of diabetes and cancer research. We hope that the insights shared within these pages will inspire further inquiry and foster collaboration across disciplines, ultimately contributing to the development of more effective strategies for prevention, diagnosis, and treatment of these debilitating diseases.

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# Acknowledgement

We express our heartfelt gratitude to Prof. Dr. N.K. Dubey, former Professor at the University Department of Zoology, L.N. Mithila University, Darbhanga, Bihar, for his unwavering encouragement and support throughout the journey of this book. We are deeply appreciative of Dr. R.P. Sinha, retired Professor of C.M. Science College, Darbhanga, Bihar, for his invaluable guidance and motivation.

We extend our sincere thanks to Dr. Usha Dubey, former Head of the Department of Zoology at N.J.M. College, Laheriasarai, Darbhanga, Bihar, for her constant support and insightful inputs that enriched this work. Our sincere appreciation also goes to Dr. Basant Kumar, B.M. College, Rahika, L.N. Mithila University, Darbhanga, Bihar, for his invaluable contributions.

Without their encouragement and assistance, the completion of this book would not have been possible. We are truly grateful for their mentorship and dedication.

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# Contents

<b>Sl. No</b>	<b>Title</b>	<b>Page. No</b>
1.	Ayurveda Inspired Discovery of Oral Anti-Cancer Drugs <i>Bishwajit Nag, Rupali Agarwal, Ananda Sen, Narasimhan Srinivasan</i>	1-20
2.	Recent Insights of Molecular Approaches to Study Brain Tumor Associated Seizure and Epilepsy <i>Dr. Rajesh Kumar Kar</i>	21-47
3.	A Literary Investigation on Ayurveda and Siddha Approach to Prevent and Control Diabetes Mellitus Upgrading Meal Pattern W.S.R. to Traditional Rice Verities <i>Dr. S. Aathiththiya, Dr. Apsara Nishshanka,</i>	48-71
4.	Unveiling the Landscape of Cancer: From Therapeutic Targets to their Inhibition <i>Geet Madhukar, Naidu Subbarao</i>	72-131
5.	Influence of Environment and Lifestyle on Cancer <i>Komal Priya, Ashim Chandra Roy, Ilora Ghosh</i>	132-156
6.	Unveiling Lung Cancer: Understanding, Diagnosis, Treatment, and Future Frontiers <i>Naveen Kumar, Gurpreet Singh</i>	157-175
7.	Revolutionizing Cancer Care: Advancements in Emerging Technologies and Therapies <i>Naveen Kumar, Pranjal Banthia</i>	176-190
8.	Microbial Metabolites and its Ameliorative Role in Cancer Treatment <i>Khirabdhi Tanaya, Durgeshwer Singh</i>	191-206
9.	Intricacy of Hypoxia Signaling in Glioblastoma and its Consequences for Therapeutic Intervention <i>Upendra Kumar Meena, Akhilendra Kumar Maurya</i>	207-230

10. Management and Treatment of Cancer and Diabetes: A Common Corridor 231-248  
*Narendra Kumar Lal*
11. A Perspective on Recent Trends in Diabetes and its Cure 249-259  
*Pragati Saxena*
12. Classical and Contemporary Aspect of Agni, Ama and Ojas in Pathophysiology of Diabetes Mellitus/Madhumeha 260- 274  
*Dr. Tanmay Nigam, Dr. Harsha K P, D.r Ajai Kumar Pandey*
13. Anticancer Activities of Ayurvedic Herbs and Formulations: A Comprehensive Review 275-295  
*Dr. Shivani Ghildiyal, Dr. Jitendra Tapasvi*
14. G-Quadruplexes as a Promising Frontier in Cancer Therapy 296- 308  
*Patnaik Amit, Basu Soumya, Patro L. Ponoop Prasad, Sinha Anita, Oraon Vinay, Sahu Duryodhan*
15. Biomimetics in Oral Cancer and Diabetes Research 309- 307  
*Dr. Shailja Chatterjee*
16. Bioactivities and Biochemical Characterization on Cinnamomum Tamala - A Review 318- 324  
*Dr. Jitendra Kumar Chaurasia*
17. An Insight of Cancer/Arbuda and its Prevention through Ayurveda 325-340  
*Dr. Ajai Kumar Pandey*
18. Prevention and Management of Cancer through Ayurveda an Overview 341-354  
*Dr. P.V.V. Prasad*
19. Cadmium as a Carcinogen 355-375  
*Yanjusha Madhu, Ratna Priya, Bhavya Singh, Smriti Shreya, Buddhi Prakash Jain*
20. The Holistic Approach to Preventing Type 2 Diabetes Mellitus 376-388  
*Nayan K Prasad, Kumar Manish*

21. Addressing the Financial Burden of Cancer Patients in India 389-402  
*Dr. Pappu Kumar Paswan*
22. Addressing the Relationship between Diabetes and Cancer - Future Health Strategies 403-415  
*Dr. Sanjeev Kumar, Dr. Kumari Shachi*
23. Sociological Aspects of Cancer and its Treatment 416-433  
*Dr. Aditi Bharti, Dr. Devika Ayekpam*
24. Diabetes and Aging: Exploring the Correlation - A Systematic Review 434- 442  
*Dr. Kumari Shachi, Dr. Sanjeev Kumar*
25. Relationship between Psychological Stress and Cancer 443-461  
*Dr. Sweta Singh*
26. Genetics of Fanconi Anemia and Failure of ICL DNA Damage Rapair 462-474  
*Dr. Ram Balak Mahto*
27. Management of Cutaneous Malignancies on Chronic Wounds 475- 485  
*Poonam Pal, Sanjeev Kumar*
28. Diabetes and the Immune System: Understanding the Intricate Relationship 486-507  
*Dr. Soma Rani Kolay, Dr. R.P. Sinha, N. K. Dubey*
29. Allopathic Treatment of Diabetes 508-513  
*Dr. Ajay Kumar*
30. Navigating the Economic Storm: The Impact of Financial Crisis on Diabetes Management 514-520  
*Dr. Kumari Soni*
31. Traditional Wisdom: Diabetes Management in Mithilanchal 521-539  
*Dr. Arti Kumari*

32. Estimation of Natural Products on Diabetes Mellitus Treatment 540-544  
*Hari Mohan Prasad Singh, Kumari Sushma Saroj,  
Sanjeev Kumar Vidyarthi,*
33. Pharmacological Evaluation of Medicinal Plants in Diabetes Mellitus 545-551  
*Sanjeev Kumar Vidyarthi, Kumari Sushma Saroj,  
Hari Mohan Prasad Singh*
34. Isolation of Alkaloids from Medicinal Plants and Its Antidiabetic Activities 552-556  
*Kumari Sushma Saroj, Sanjeev Kumar Vidyarthi,  
Hari Mohan Prasad Singh*
35. Role of Toll-Like Receptors (Tlrs) in HIV Disease Progression 557-579  
*Gaurav Kaushik, Richa Vashishtha, Chaitenya Verma,  
Shipra Sharma, Raj Narayan Yadav*
36. Current Perspective of Immune Enhancer Therapy in Cancer Patient W.S.R. Ayurveda 580- 596  
*Dr. K B Rajput1, Dr. Samruddhi Kale,  
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