# RECIPE MANCHURIES



**GOURI PATIL** 



# Recipe Manchuries

# First Edition

**Author** 

Gouri Patil



Title of the Book: Recipe Manchuries

First Edition - 2023

Copyright 2023 © Gouri Patil, B' Arch, copywriting and content writer, TTT Certified Softskills Trainer, Art and Architecture, BVB Hubli.

No part of this book may be reproduced or transmitted in any form by any means, electronic or mechanical, including photocopy, recording or any information storage and retrieval system, without permission in writing from the copyright owners.

#### **Disclaimer**

The author is solely responsible for the contents published in this book. The publishers don't take any responsibility for the same in any manner. Errors, if any, are purely unintentional and readers are requested to communicate such errors to the editors or publishers to avoid discrepancies in future.

E-ISBN: 978-93-5747-305-7

MRP Rs.250/-

#### Publisher, Printed at & Distribution by:

Selfypage Developers Pvt Ltd., Pushpagiri Complex, Beside SBI Housing Board, K.M. Road Chikkamagaluru, Karnataka.

Tel.: +91-8861518868

E-mail: publish@iiponline.org

#### **IMPRINT: I I P Iterative International Publishers**

#### For Sales Enquiries:

Contact: +91- 8861511583 E-mail: sales@iiponline.org

### **Preface**

Here in this book you find new varieties of manchurians. You might have tried making the normal gobi manchurians or babycorn manchurians. But would not even have imagined to make so vividly unusal reciepies of machuries that this book gives you. Try exploring more getting insipired by the recipies shared by me in this book. Though the sauce remains the same but the recipie's gets a turn over when the basic core ingredients take a choice of what you want to prefere to hog upon.

The basic ingredients are readily available in the super markets or you may choose to make them all by your own. But its a tedious job. So buying in the market is the best option.

Bon appitte!!!

# Acknowledgement

Everyone must have tried eating manchurians at chinese restaurants most of the time. But the bond that one reciepe that gets to be special in making a relationship so tight and correct with me and my mama;s family is the manchurian's.

Each and everytime when mama comes to my home..... He happily prefers manchuries to be made specially by me. The love of my mother and happi- ness in my mama's face comes only when they get to munch over my manchurian's.

This is where I tried exploring varieties of manchurians that one could not have tried still.....

Thank you my mother and my mother's brother Babu mama.....without who's grace my innovations would'nt be a smoothful walk....

This is how twists in many places started to occur or began to recognize in the name of Manchurieeeee ....... among people. ???!!!



# **Contents**

	Introduction	1-6
	Some ideas to know and ponderupon Manchurians	
	Reasons why Manchurian's becameso popular not only in china but also in India.	
	Tempting stories related to Manchuriansas a starter or main course.?	
	Manchurians as a starter or main course.?	
	Basic Ingredients Needed for Every Manchurians Recipes	7-11
	Oil	7
	Soy sauce Recipe	7
	Chilli sauce Recipe	8
	Tomato ketchup Recipe	9
	Vinegar	10
	Reciepes	13-55
1.	Vegetable Manchurian	15
2.	Rice Manchurian	17
3.	Avalakki (Poha) Manchurian	19
4.	Turnip Manchurian	21
5.	Raddish Manchurian	22
6.	Carrot Manchurian	23
7.	Beetroot Manchurian	24
8.	Potato (Grated & Diced) Manchurian	25
9	Gobi Manchurian	27

10.	Idli Manchurian	29
11.	Chinese Vegetable with Twist of Indian Sprouts Manchurian	30
12.	Ragi Manchurian	32
13.	Millets Manchurian	34
14.	Soy Manchurian	36
15.	Pasta Manchurian	38
16.	Maggi Manchurian	40
17.	Paneer Manchurian	42
18.	Tofu Manchurian	44
19.	Garlic Manchurian	46
20.	Ginger Manchurian	48
21.	Gulkan Pan Masala Manchurian	50
22.	Dry Fruits Manchurian	52
23.	Fruity Manchurian	54

## ABOUT THE AUTHOR



Gouri Patil, an architect who blurs lines between architecture and literature. Many people know her as a product designer and Lic agent, Hulkoti under the name of kshetragnya services. She has lot of passion towards design and personality of the country which she call it a home. Her

mission is to improve my countries identity in the best possible way, shaping not only it's physical structures but also it's culture and aspirations. She is an artist and love painting on canvas, resin art products designer and manufacturer. She has conducted several exhibitions till now at Bangalore and Hulkoti. A softskills trainer and psychologist certified by NABET and ICPEM.



