

The background of the cover is a photograph of a beach at sunset. The sky is a mix of light blue and orange, with soft clouds. The ocean is a vibrant turquoise color, and gentle waves with white foam are washing onto the golden sand in the foreground.

Golden Thoughts

For a Full-Filling Life

Uves Y. Sureshwal

GOLDEN THOUGHTS

For a Full-Filling Life

First Edition

Uves Y. Sareshwala



INSC International Publishers

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Dedicated To

By the grace and Taufiq of Allah swt this effort of mine is dedicated to my beloved late Father (RA) and Mother.

It was and still is their Tarbiyat (Character building), relentless Dua's and unwavering support which granted me this good fortune.

Yarabbal Aalameen

Uves Y. Sareshwala

Acknowledgements

Today's time is of social media, most people don't have time or choose not to read long write ups or books and prefer to get straight to the crux of the topic or conclusion.

For that reason, I deemed it obligatory to put black to white whatever I have read or gained through my personal experiences and moreover with my associations and travels with the religious and worldly scholars, enlightened personalities and noble people.

In order for the readers to benefit in a short time, I've done my best and tried to extract, in short, my thoughts to live a peaceful, holistic and blissful life.

May Allah SWT give my Wife and Children immense Jazza-E-Khair for being my foremost sounding boards, support system and encouragement. Without them, this would not have been possible.

Further, May Allah SWT give Jazaa-E-Khair and heartfelt thanks from the bottom of my heart to Mufti Farid Bin Yunus Devlawi for his sincere and dedicated efforts in compiling, composing, printing and bringing this book to life.

Furthermore, Heartfelt thanks and Jazaa-E-Khair to My niece Uzaira kothawala for her efforts in editing and proof reading and to my nephew Habib Zafar Sareshwala for proof reading and designing the title page.

About the Author



Mr. Uves is an eminent professional and educationist who has always been in search of new and innovative methods of teaching that would create interest in the minds of the young generation.

- Born on 27 February 1964 and Son of Late Mr. Yunus Habib Sareshwala, Mr. Uves comes from a Business and Manufacturing background. Mr. Uves, along with two siblings started out with minor businesses and gradually rose to become one of the pioneers in Islamic Finance and formed a Public Limited Company listed on the Bombay Stock Exchange Ltd.
- Mr. Uves has gained a prominent position in society due to the exemplary work he has done throughout his career. His raise to prominence can be attributed to his strong will power, caliber, conviction, dedication and leadership quality.
- Over the years, Mr. Uves has been involved in spreading education among the young generation, belonging to rural areas, and more specifically, to young under privileged females of society.
- He believes that the young female generation is sincere, dedicated and keen to adopt new practices of learning. They can enter any challenging arena and achieve success if they receive focused attention, inspiring atmosphere and a bit of extra care.
- He is of the view that in order to educate the young generation in the present scenario, the education providers (teachers) should also be regularly updated, trained and motivated. Only then there is a possibility to convert the young generation into responsible, confident and self-reliant youth of the country.
- He feels a new mechanism to train the teachers should be developed. His idea is that teachers should become mentors to their students. Mentors refer to such personalities who stand apart from the rest by virtue of their deeds and achievements. Mentors not only leave their lasting footprints on the making of a society but also, and more importantly, inspire others to follow in their footsteps and attain bigger goals for the common good of mankind. Therefore he has also developed counseling/mentoring system in his Educational endeavors.
- Moreover, for the purposes of Spiritual ,social, Business and Education, Mr. Uves has travelled extensively to countries such as Norway, Denmark, Sweden, Germany, New Zealand, Turkey, Egypt, Qatar, Australia, USA, UK, Canada, Panama, Philippines, Singapore as well as across the length and breadth of India.
- Most of the travels were with prominent scholars and personalities .
- In the course of his travels he has visited Islamic schools, attended various conferences and seminars. Further, occasionally, Mr Uves also addresses a varied group of people in Friday sermons , his main topic being – the relevance of the life of Prophet (PBUH) and the life of the companions in the contemporary issues of the world.
- Occasionally he also counsels groups and individuals in subjects ranging from Academia, Career, Marriage, and Business etc.

Initiatives and Events Organized under YMS Foundation

- Teacher's training workshop by International trainer Mr. Edriss Khamissa, August, 2016
- Parenting and Marriage Counselling Workshop by Edriss Khamissa, August 2016
- Seminar of Career and Business Opportunities in International Trade, 2017
- Leadership Lesson Workshop by Mirza Yawar Baig, July 2016
- Dynamics of Marriage Today by Edris Khamissa, January 2018
- Educating Children in the 21st Century by Edriss Khamissa, January 2018
- Education to Entrepreneurship Workshop by Zafar Sareshwala, April 2018
- No Health without Mental Health Workshop by Psychiatrist Dr Syeda Ruksheda, September 2018

Education

- B.com graduate, 1983



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