

# BEYOND BIRTH

*Exploring the Transformative Effects of  
Janani Suraksha Yojana*

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*Dr. Urmila Pandit Dashwant*



# Beyond Birth

## Exploring the Transformative Effects of Janani Suraksha Yojana

**First Edition**

**Author**

Dr. Urmila P. Dashwant  
MSW, SET, NET (JRF), PhD



**Title of the Book:** Beyond Birth Exploring the Transformative Effects of Janani Suraksha Yojana

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# Forward

Dr. Urmila Congratulations on completing your research study and achieving your PhD degree! It's a significant accomplishment, and your book sounds like a valuable contribution to the field. It is with great pleasure that I provide this forward for your book on the assessment of Janani Suraksha Yojana. This comprehensive study is a significant contribution to the field, shedding light on the effectiveness and impact of this important government program.

Janani Suraksha Yojana plays a crucial role in promoting safe motherhood and reducing maternal and neonatal mortality rates in our country. Through its various interventions, including financial incentives and improved access to healthcare facilities, the program has been instrumental in encouraging institutional deliveries and enhancing the overall well-being of mothers and their infants. Your research study, conducted for the completion of your PhD degree, delves into the nuanced evaluation of this initiative. By meticulously examining the program's implementation, outcomes, and challenges, you provide valuable insights that can inform policy decisions, program enhancements, and future research endeavours.

Your gratitude towards those who have supported, helped, and guided you throughout this journey is evident and commendable. Research endeavours of this magnitude require collaborative efforts, and acknowledging the contributions of individuals and institutions is vital.

Writing a book requires dedication, perseverance, and a significant amount of effort. The fact that your book focuses on the experiences of women and mothers during childbirth shows your commitment to understanding and addressing their challenges. This research has the potential to make a positive impact on the lives of many individuals, and it's commendable that you've chosen this topic for your study. As you present your book, make sure to convey your enthusiasm and passion for the subject matter.

I believe that your book will be an invaluable resource for policymakers, healthcare professionals, researchers, and anyone interested in maternal and child healthcare. The depth of analysis, evidence-based findings, and thoughtful recommendations presented in your work will undoubtedly contribute to the ongoing discourse surrounding Janani Suraksha Yojana.

Congratulations on the successful completion of your research study and the publication of your book. Your dedication and commitment to advancing our

understanding of maternal healthcare in the context of this important government scheme are truly commendable.

I wholeheartedly recommend this book to all those seeking to deepen their knowledge of Janani Suraksha Yojana and its impact. May it serve as a catalyst for further research, policy improvements, and ultimately, the betterment of the lives of women and children across our nation.

Best wishes for the success of your book and the continued impact of your research.

Sincerely,

***Dr. Deepak Bhosale***  
Head, Dept. of Social Work,  
CSIBER, Kolhapur.

## Preface

Professional social work is a multidisciplinary field within the Interdisciplinary Studies faculty that draws upon various disciplines such as sociology, psychology, anthropology, history, and more. It encompasses a range of interventions and research methods to directly and indirectly address social issues. Social workers utilize tools and techniques to assist individuals, groups, and communities in overcoming obstacles and improving their well-being. Considered a profession like any other, social work treats society as a laboratory for experimentation, aiming to enhance the lives of people.

As its core, professional social work is driven by a set of values, principles, assumptions, and philosophy that form its knowledge base. The primary objective is to empower individuals to help themselves and enhance their well-being. Social workers follow a scientific approach, identifying needs and suggesting appropriate solutions. Professionalism in social work entails the ability to act appropriately in diverse situations, striving to create a better life for individuals and society as a whole. Compassion, integrity, respect, and assistance are central to the profession.

Social workers engage in various fields, ranging from infant care to elderly support, grassroots communities to multinational companies. They employ well-defined field-based intervention techniques to support disadvantaged individuals and communities. The profession recognizes the significance of relationships in human life, emphasizing the establishment of purposeful and close connections to foster a productive and supportive environment.

The proposed study aims to analyze the Janani Suraksha Yojana (JSY) program in terms of its beneficiaries and implementing agencies. While numerous programs have been implemented by central and state governments under welfare schemes, it is essential to evaluate them from the beneficiaries' perspective. This study will benefit policymakers, researchers, academicians, and institutions by providing insights into the views and opinions of beneficiaries.

The researcher, being a woman from a rural area, holds a keen interest in understanding the maternity journey of rural women. Each pregnancy and the experience of motherhood are unique, with the role of the expectant mother and family members being crucial. Maternal health is a fundamental pillar of integrated development and should be recognized as a public good. It is the government's responsibility to ensure that every woman has access to quality maternal healthcare, including pre and post-natal care, specialized care, and emergency referral services.

While JSY is beneficial in providing comprehensive healthcare for pregnant women, not all indicators of the program are fully implemented for its beneficiaries. For example, some respondents have not undergone all prenatal tests, and government vehicles for delivery were not provided. The role of ASHA workers is vital throughout the JSY process, from registration to completion. Promoting nutrition and healthcare awareness can also help mitigate potential risks for mothers and children.

Efficient administration of healthcare services in rural areas significantly impacts the health status of beneficiaries. A lack of cooperation and participation from the community poses a significant barrier to maternal health. Limited awareness of available healthcare facilities at the community level exacerbates health problems, affecting vulnerable groups the most. Previous research on Janani Suraksha Yojana mainly focused on medical aspects, prompting the need to address the program's social aspects. Thus, this study was conducted in the rural areas of the Sangli district, aiming to propose an intervention model for the better implementation of the Janani Suraksha Yojana.

# Acknowledgement

I am delighted to present my book entitled "**Beyond Birth: Exploring the Transformative Effects of Janani Suraksha Yojana** " to all the women and mothers who are experiencing prolonged labour during childbirth. This research study was conducted to fulfil the requirements of my PhD degree. On this occasion of completing this research study, I would like to express my sincere gratitude to all those who have supported, helped, and guided me throughout this journey. I am truly indebted to them.

First and foremost, I am grateful to my loving parents (Mai and Bapu), sister (Kavita), brother (Abhijit), all my family members, and dear mentors, whose blessings and support have enabled me to fulfil my long-cherished dream of pursuing a Ph.D. I would like to extend my heartfelt appreciation to all the friends who have directly or indirectly provided their cooperation. The achievement of our goals in life often requires the collaboration of many people, and I am thankful for their assistance.

I consider it's an honour to Prof. Dr. D. G. Nejkar, as my supervisor. He not only guided me but also shaped the future of many others like me. His expertise, experience, realistic approach, dedication, and devotion have played a significant role in developing my research abilities. I am forever grateful to him for his timely guidance and suggestions throughout my PhD completion.

I would like to express my eternal gratitude to Prof. Dr. Prakash Pawar, Head, Dept. of Political Science, Shivaji University, Kolhapur, for his consistent guidance and support, even amidst his busy schedule. I am also thankful for the cooperation of Dr. N. C. Mali, I/C Director, YCSR, Shivaji University, Kolhapur, Late Dr. Sarjerao Salunkhe, Prof. Dr. Bharati Patil, Dr. Swapnil Kamble. Dr. Vaishali Pawar, Dr. Umesh Gadekar, Dr. Amol Minchekar, Dr. K. Pradeepkumar. Dr. S.V. Shirol. Dr. Deepak Bhosale. Dr. T.V.G. Sharma, Advocate Dr. Ashwini Bate and Dr. Munkir Mujawar and all fellow colleagues from YCSR, Shivaji University, Kolhapur.

I am immensely grateful to the District Health Officer of Sangli for providing the list of beneficiaries of the Janani Suraksha Yojana in Sangli District. I extend my sincere thanks to all the respondents who generously shared their valuable time and provided the information necessary for my research.



Special thanks go to my dear students who assisted me in collecting the necessary data and ensuring the successful completion of data collection. Their enthusiasm during the data collection process was always inspiring and a testament to their immense research potential. I would also like to acknowledge the director of the university library staff for their cooperation in making the required reference books and literature available to me. I am forever grateful to all of them.

*Dr. Urmila P. Dashwant*

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## ABOUT THE AUTHOR



**Dr. Urmila P. Dashwant** currently working as Assistant Professor at Shivaji University, Kolhapur, did PhD with NET JRF on the topic “a study of the beneficiaries of Janani Suraksha Yojana of rural areas in Sangli district” and MSW with the distinction from Shivaji University, Kolhapur and DLL and LW, Diploma in Human Rights. Qualified SET, NET (JRF), presented 20 plus research papers in various national and international conferences and seminars. She had completed a mini research project sponsored by STRIDE programme of Shivaji University, Kolhapur entitled, “A study on health awareness among women and its relation with Covid 19 effectiveness in Urban Slum families of Kolhapur”. She had worked as conciliator in National Lok Adalat at Sangli court Sangli (MS) and master trainer in GPDP programme of Maharashtra Government. Awarded “Dr. Puroshattam Khutale Samajseva Purskar” –Stood 1st in the Shivaji University, Kolhapur at MSW-II year in 2010-2011. Awarded Merit scholarship –Stood 1st in the MSW-Ist year 2010. Awarded UGC NET JRF (two times) at December 2013 and June 2014 in Social Work.



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