



CULTIVATING GREEN

Your Path to Organic Gardening of Mastery



Dr. Chiti Agarwal



Cultivating Green: Your Path to Organic Gardening of Mastery

First Edition

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Title of the Book: Cultivating Green: Your Path to Organic Gardening of Mastery

First Edition - 2023

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E-ISBN: 978-93-5747-788-8

MRP Rs. 250/-

Publisher, Printed at & Distribution by:

Selfypage Developers Pvt Ltd.,
Pushpagiri Complex,
Beside SBI Housing Board,
K.M. Road Chikkamagaluru, Karnataka.
Tel.: +91-8861518868
E-mail:publish@iiponline.org

IMPRINT: I I P Iterative International Publishers

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Ph.D., Plant Pathology



"In the garden's tender care, we sow more than just seeds. we nurture life, cultivate dreams, and harvest a bounty of lessons that grow within us."

DEDICATION

To the Earth, our nurturing mother,
whose bountiful embrace sustains all life.
May this book inspire a deeper connection
between us and the natural world,
as we strive to cultivate beauty and harmony
in the gardens of our hearts and homes.



Preface

Welcome to the world of organic gardening, a journey that promises to connect you with the earth, nurture vibrant gardens, and safeguard the well-being of your environment. In the following pages, we embark on a comprehensive exploration of the art and science of organic gardening, from its foundational principles to the practical techniques that will help you cultivate a green haven of your own.

Chapter by chapter, we will delve into the heart of organic gardening. We'll begin by laying the groundwork, understanding the power of organic methods, and bidding farewell to chemical dangers that harm both nature and our health. With clarity and depth, we'll explore the fundamentals of organic gardening, teaching you the essential skills required to plan, prepare, and plant your garden with care.

As you progress through this book, you'll discover the secrets of nurturing healthy soil, starting seeds indoors, and effectively managing weeds while maintaining a pest-free sanctuary for your plants. We'll uncover safe, organic sprays and solutions to protect your garden, explore the world of garden allies and adversaries, and equip you to battle common garden pests with confidence.

In the midst of your organic gardening journey, you'll also learn the art of composting, an invaluable practice that enriches the soil and reduces waste. We'll guide you through garden care, organic garden preparation, and ultimately, how to conclude your organic journey with grace.

Whether you're an experienced gardener seeking to refine your techniques or a newcomer eager to embrace the beauty and resilience of natural growth, this book has something to offer. So, let's embark on this enriching journey together, and as we turn each page, may you uncover the transformative potential of organic gardening to nurture not only your garden but also your connection with the earth.

Get ready to dig in, sow the seeds of knowledge, and watch your organic haven flourish.

Dr. Chiti Agarwal

Acknowledgement

"I would like to express my sincere gratitude to my mother and father for their unwavering support, encouragement, and understanding during the long hours I spent writing this book. Your love and patience sustained me throughout this journey."

About the Author

Chiti Agarwal, a passionate advocate for the natural world and sustainability, holds a Ph.D. in plant pathology from Washington State University, USA. Her academic journey deepened her understanding of the intricate relationships between plants, pathogens, and ecosystems. Beyond her scholarly pursuits, Chiti's hands-on experience in organic gardening enriched her insights into the challenges and rewards of cultivating fruits, vegetables, and ornamental plants sustainably. In "Cultivating green: Your path to organic gardening of mastery," she combines her academic expertise with practical wisdom to inspire a community of nature-loving individuals. Dive into this book to embark on a journey of discovery and nurture vibrant gardens while respecting the delicate balance of nature. Connect with Chiti Agarwal at chiti.agarwal@email.com.

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E-ISBN: 978-93-5747-788-8



MRP Rs. 250/-